

FY2015 CHNA&HIP Progress Report

Audubon County

Community Health Improvement Plan

GOAL	Strategies	Progress on Strategies
The percentage of students enrolled in Audubon School district who are obese or at risk for being obese will decrease by 5 % (from 38% to 33%) over the next 5 years. The percentage of students in grades 5-12 who are obese or at risk for obesity will decrease by 5% (from 35% to 30%) over the next 5 years.	PE4Life, Compliance with state dietary guidelines, Emphasize the importance of physical activity in school, Promote nutrition tips at immunization clinics using "nubites", Educate families enrolled in the HOPES program about good nutrition and physical activity	Audubon School held a "Pack the Track" event in the fall to promote walking. A "Fun Day" was held this spring to promote physical activity for grades K-6. Third and fourth graders can join a walking club and log the miles they walk. Audubon School has daily PE for 5th and 6th graders. A back pack program sends home food for students as well as nutritional publications. ACPHNS continues to distribute "nubites" at immunization clinics. "Fuel up for Summer Fun" a joint project with New Opportunities and ISU provides a noon meal and physical activity for kids 2 times a week during the summer. A "Go The Distance Day" was held this spring. The Mobile Food Pantry came to Exira and served families from Audubon, Cass, and Adair Counties.. Audubon County employees participated in the Live Healthy Iowa Program. Guthrie County now provides the HOPES program in Audubon County. "Growing Great Kids is the program curriculum

Audubon County

Community Health Improvement Plan

GOAL	Strategies	Progress on Strategies
The percentage of 11th grade students who had at least one drink in the last 30 days will decrease by 5% (from 44% to 39%) over the next 4 years. The percentage of 11th grade students who engage in binge drinking activities will decrease by 5% (from 25% to 20%) over the next 4 years.	The strategies used to address underage drinking were environmentally based. They included media campaigns, Best Practices at Community Events, Responsible Beverage Service Training, and trying to instill a county Social Host Liability Ordinance.	In February 2015, Audubon County was one of 12 counties awarded the Iowa Partnerships for Success grant to help reduce and prevent underage and binge drinking for ages 12-20. This grant is for five years and will follow the Strategic Prevention Framework model. The goal is to reduce the rate of underage alcohol use of 8th and 11th grade drinkers by at least 5 percent and to reduce the binge drinking rate of 8th and 11th grade drinkers by at least 5 percent as measured by the Iowa Youth survey based on 2012-2014 and 2016-2018 Iowa youth survey results. Audubon County is currently in the first phase, Assessment, of the 5 step Strategic Prevention Framework model and will implement at least one individual and four environmental evidence-based practices in the county over the next several years.